

Thank you for all your efforts to keep our students, staff, and families safe and healthy. Please remember our guidelines in the event of a COVID-like illness or COVID exposure:

1. If your child is showing any signs of illness, please keep them home.
2. If your child has been around anyone who has tested positive for COVID, please keep them home for at least 10 days or as advised by the TCHD.
3. If anyone in your household is getting tested for COVID for any reason, please keep all children home until the results are known.

There are, of course, other illnesses circulating that are unrelated to COVID, so below is a reminder of Bethel Lutheran Preschool's general illness policy as included in the parent preschool handbook. If you have any questions, please don't hesitate to ask your child's teacher. Thank you!

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## **Health policy**

Each child must have a current health form with immunization history signed by a physician on file at Bethel Lutheran Preschool.

Please notify the teacher if your child has any allergies (especially food allergies).

Teachers will notify parents when certain communicable diseases are present and we ask that you notify the teachers when your child is out with a communicable disease.

### **Children with the following may NOT be brought to preschool:**

- Chicken Pox
- Conjunctivitis
- Whooping Cough
- Lice
- Measles
- Scabies
- Mumps
- Rubella
- Scarlet Fever
- Pink eye

Unusual behaviors will be monitored closely and parent(s) will be contacted if other symptoms develop. These behaviors include, but shall not be limited to:

- Cranky or less active behavior than usual
- Crying more than usual
- Feeling general discomfort or seeming unwell
- Loss of appetite

Children who develop any of these symptoms or are injured during the day shall be picked up by a parent since the school does not have adequate isolation facilities. If we cannot contact a parent, we will call the emergency contact. Your emergency contact must be someone who has transportation to the preschool and can be available in case of mild illness to provide temporary care for a sick child. If the child is well enough to come to school, he/she is well enough to participate in the regular program, including indoor and outdoor activities.

**Children may remain at preschool in the following situations:**

- After an illness has been evaluated by a physician, medication has been prescribed and any period of contagion has passed as determined by a licensed physician.
- When it has been determined that a child has a common cold unless the director and the parent(s) agree that isolation precautions should be taken.

The decision for the child to remain at the preschool is based upon the teacher's discretion.

**Children with (1) ONE OR MORE of the following symptoms may NOT be brought to the preschool or will be sent home:**

- Diarrhea: more than one (1) abnormally loose stool.
- Headache or stiff neck.
- Severe coughing.
- Unusually dark, tea colored urine.
- Difficult or rapid breathing.
- Gray or white stool.
- Severe itching of the body or scalp, or scratching of the scalp. These may be symptoms of lice or scabies.
- Fever greater than 100.4 degrees F as measured by the school thermometer.
- Pinkeye-tears, redness of eyelid lining, irritation, followed by swelling or discharge of pus.
- An infected skin patch(es)-crusty, bright yellow, dry or gummy areas of the skin.
- Unexplained spots or rashes.
- Nasal discharge that is not clear and/or is yellow or green in color.
- Vomiting.
- Sore throat or trouble swallowing.
- Yellowish skin or eyes.

**Children Sent Home For Illness**

Children may return to school 24 hours after the disappearance of all symptoms including the disappearance of fever, without the use of fever-reducing medication. Children returning after less than 24 hours or with any of the previous symptoms or illness will be sent home. The decision is at the discretion of the staff.